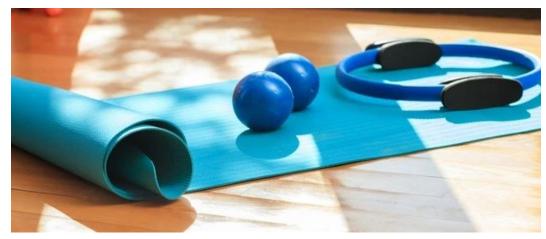
## Coromandel Community Centre Connect Contribute Celebrate



Improve strength and flexibility with this total body conditioning program. All levels welcome.

Classes led by qualified and experienced instructor.

- When: Term 1 2023 30 January - 10 April
- Time: Monday 7 to 8pm
- Cost: \$120 for 10 weeks

Bookings Essential Pre-payment required Contact the Centre on 8370 6880 or visit www.coroalive.org.au







Pilates,