

Coromandel Community Centre

Connect Contribute Celebrate



Improve strength and flexibility with this total body conditioning program. All levels welcome.

Classes led by qualified and experienced instructor.

When: Term 1 2023
30 January - 10 April

Time: Monday 7 to 8pm

Cost: \$120 for 10 weeks

Bookings Essential
Pre-payment required
Contact the Centre on 8370 6880
or visit www.coroalive.org.au



Pilates 2